

# Is it Flu or 2019 Novel Coronavirus (2019-nCoV)?

## FLU (INFLUENZA)

The **flu** is a common, contagious respiratory illness caused by flu viruses. The flu is different from a cold.

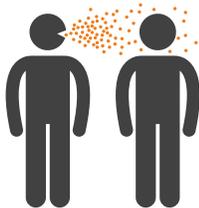
Flu can cause mild to severe illness, and complications can lead to death.



## HOW FLU GERMS ARE SPREAD

The flu is spread mainly by droplets made when people who have flu cough, sneeze, or talk. Viruses can also spread on surfaces, but this is less common.

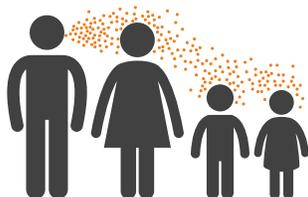
People with flu can spread the virus before, during, and after they are sick.



## WHO GETS THE FLU?

Anyone can get the flu.

Some people—like very young children, older adults, and people with some health conditions—are at high risk of serious complications.

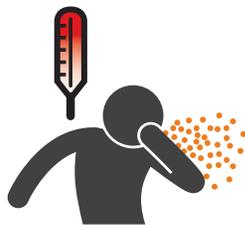


## SIGNS AND SYMPTOMS OF FLU

The signs and symptoms of flu usually develop within two days after exposure. Symptoms come on quickly and all at once.



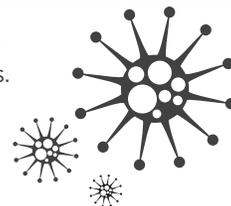
- Fever or feeling feverish
- Headache
- Muscle or body aches
- Feeling very tired (fatigue)
- Cough
- Sore throat
- Runny or stuffy nose



## 2019-nCoV

**2019-nCoV** is a new infection that can cause mild to severe respiratory illness.

The risk of getting 2019-nCoV in the United States is considered low.



## HOW 2019-nCoV GERMS ARE SPREAD

It is thought to be spread by:

- Coughing/sneezing or other close contact with a person infected with 2019-nCoV.
  - Close contact means being within 6 feet of an infected person for a period time.
- It may also spread by touching items that an infected person has used, like tissues or linen.

## WHO GETS 2019-nCoV?

In the United States, people at risk are:

- Travelers from China, especially in the Hubei Province
- An individual who had close contact with a person infected with 2019-nCoV



## SIGNS AND SYMPTOMS OF 2019-nCoV

Signs and symptoms can appear two to 14 days after exposure.



- Fever
- Cough
- Difficulty breathing
- Shortness of breath



For more information about the flu and 2019-nCoV, visit [www.cdc.gov/flu](http://www.cdc.gov/flu) and [www.cdc.gov/coronavirus/2019-nCoV](http://www.cdc.gov/coronavirus/2019-nCoV).