

SLSD Extreme Weather Protocol 2018 / 19 School Year

Extreme Heat Protocol

On school days where the National Weather Service (NWS) is predicting an excessive heat warning, or heat advisory the school district will determine whether or not to place our non-air conditioned buildings on a two-hour early dismissal schedule.

*Ideally, we will notify parents / guardians of this change in schedule in advance (the night before).

*Temperatures / Humidity contribute to the heat index or “feels like” temperature. We will use the NOAA’s National Weather Service Heat Index Table below to help in making our decision to send students home early due to heat. The ORANGE and RED areas speak to the Extreme Caution, Danger and Extremely Dangerous zones. When the temperature / humidity levels dictate the need for early dismissal, we will do so.

*Bottom line – when classrooms are too hot... our kids are not learning.

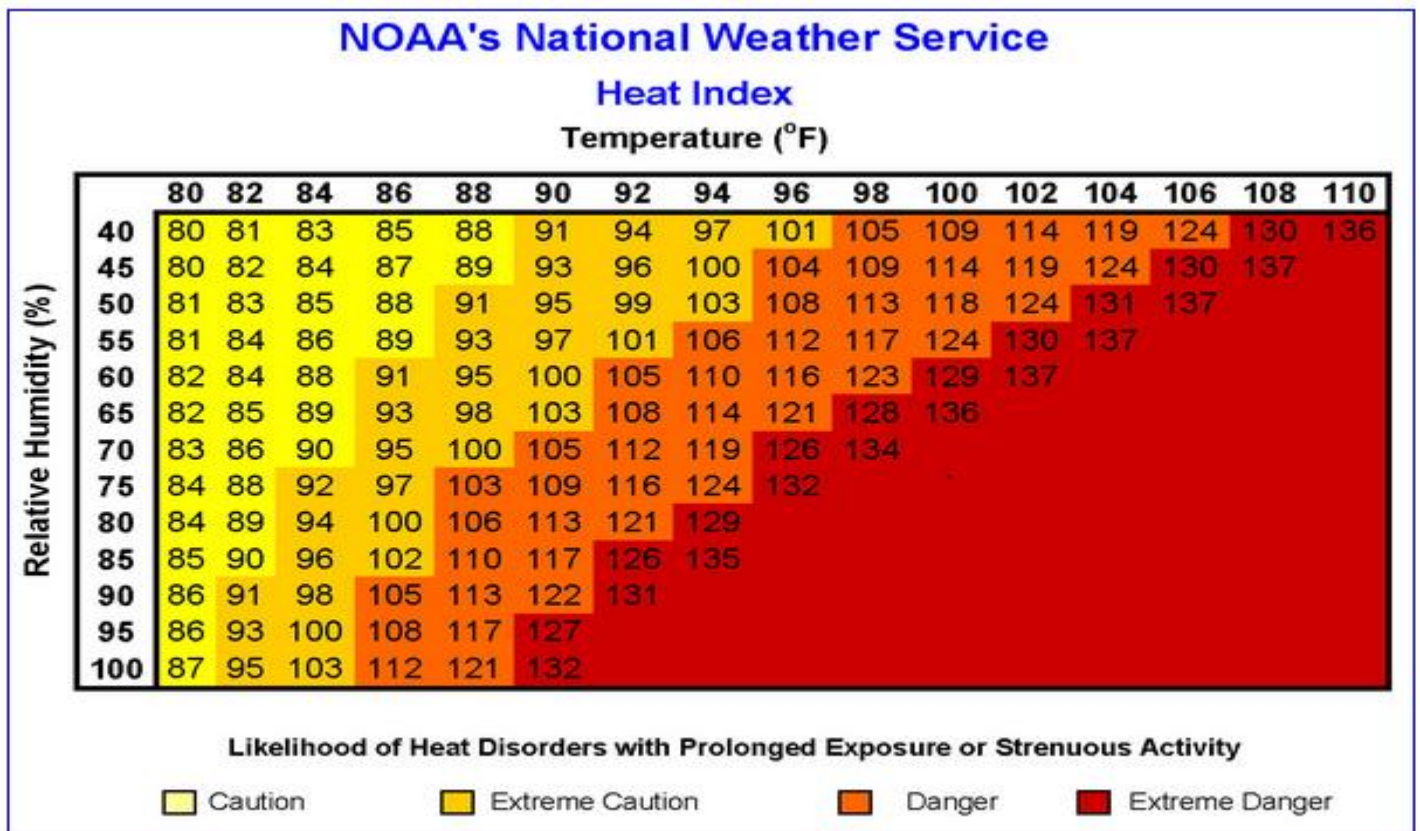


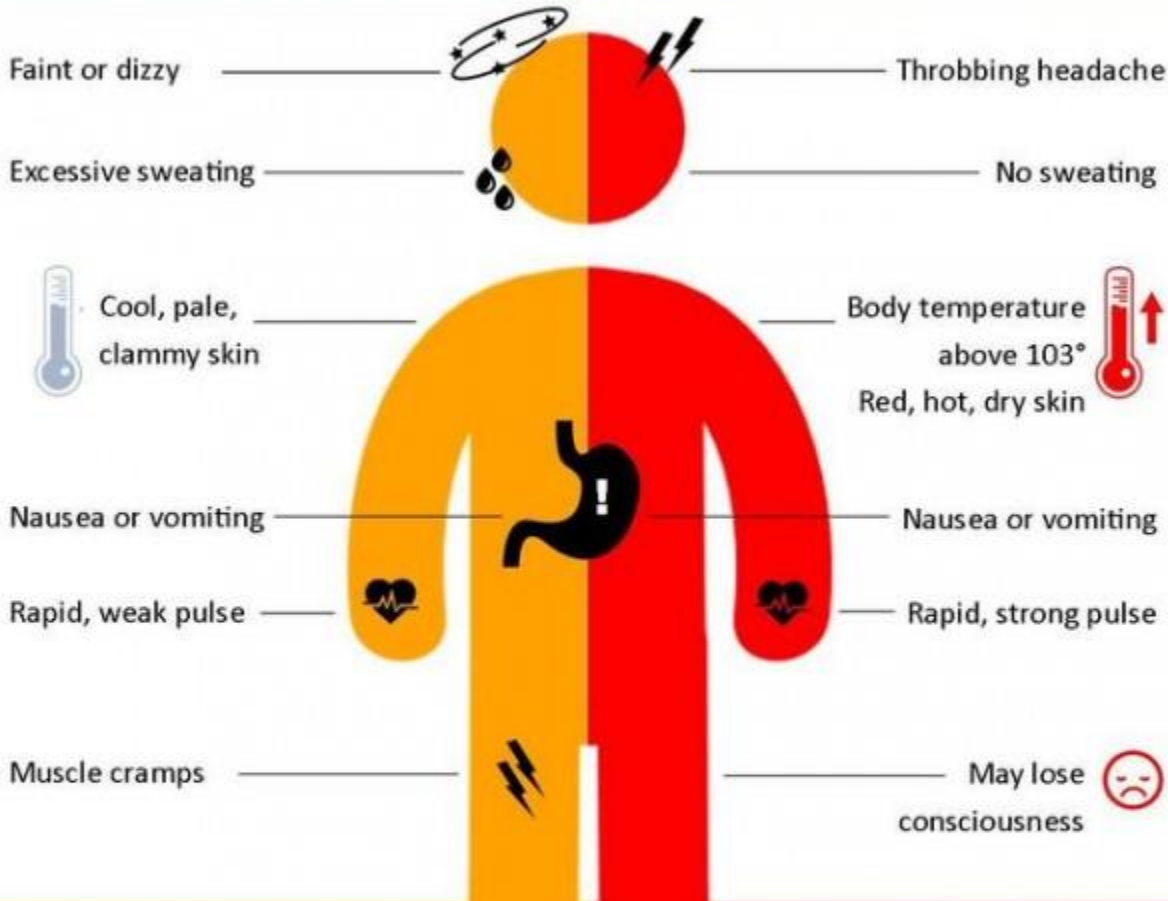
Figure 1. Heat index chart.

Classification	Heat Index	Effect on the body
Caution	80°F - 90°F	Fatigue possible with prolonged exposure and/or physical activity
Extreme Caution	90°F - 103°F	Heat stroke, heat cramps, or heat exhaustion possible with prolonged exposure and/or physical activity
Danger	103°F - 124°F	Heat cramps or heat exhaustion likely, and heat stroke possible with prolonged exposure and/or physical activity
Extreme Danger	125°F or higher	Heat stroke highly likely

HEAT EXHAUSTION

OR

HEAT STROKE



- Get to a cooler, air conditioned place
- Drink water if fully conscious
- Take a cool shower or use cold compresses

CALL 9-1-1

- Take immediate action to cool the person until help arrives

 [Weather.gov/socialmedia](https://www.weather.gov/socialmedia)
[Weather.gov/heat](https://www.weather.gov/heat)



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