William Henry Harrison



High School Cheerleading

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William Henry Harrison High School Game Day Football Cheerleading Tryouts

<u>Informational Meeting</u>

At least **one** parent and the candidate **MUST** be in attendance.

When: Monday, May 4th, 2020

Time: 6:30 pm – 7:30 pm **Doors open at 6:00pm if you need help with online forms.

Where: Harrison High School Old Gym

Forms needed: Physical, print-out of grades, emergency medical form, online

forms completed

Mandatory Tryouts

When: Wednesday, May 6th, 2020- Thursday May 7th, 2020

Time: 3:30 pm – 5:00 pm

Where: Harrison High School Cafeteria

What to Wear: Grey shorts, <u>plain</u> green t-shirt (or turn one inside out) gym shoes, hair in a ponytail and out of your face, <u>no</u> jewelry **or** fingernail polish.

ALL FORMS MUST BE TURNED IN <u>BEFORE</u> 6:30PM ON MONDAY, May 4th. FAILURE TO TURN IN <u>ALL</u> FORMS WILL RESULT IN A CANDIDATE BEING INELIGIBLE TO TRYOUT!

Reminder to Family & Friends: Tryouts are <u>closed</u> to the public. Candidates need to be dropped off and picked up in front of the high school at the specified times. Squad postings will be posted on the cheer website. Failure to follow these rules may result in the candidate being ineligible for trying out or being a member of the team

Squad Postings

When: Thursday, May 7th, 2020

Time: 8:30 pm

Where: southwestschools.org/cheerleading

Mandatory Team meeting for Parents and Cheerleaders

When: Thursday, May 11th, 2020

Time: 6:00 pm – 7:00 pm

Where: Harrison High School cafeteria

If a parent and cheerleader are not present at this meeting, you will be forfeiting your position on the team.

*NOTE: All fees and any other required paperwork will be due at this meeting. Failure to turn in forms and money can result in a candidate being benched until the paperwork and money is turned in. Please refer to the cost sheet. Also signing up for ATP will happen. We will also be explaining the ATP requirement.

William Henry Harrison High School Game Day Football Cheerleading Tryouts

The Game Day Cheerleading team requires complete dedication and effort throughout the year. Cheerleading is more than just cheering at games. It involves spreading spirit throughout the community through pep rallies, decorations, events, parades, etc. As a Game Day cheerleader, you will be required to put in time other than just practices and games.

We will only be taking no more than 34 girls this year. Take note, All-Star competitive teams **CANNOT** conflict with scheduled dates for our team. All squad members <u>must</u> be present for all practices, games, and events that are scheduled.

It is important to remember that your cheerleader **is** an **athlete**. With this being said, your athlete is responsible for performing to the best of their ability at <u>every</u> practice and game this includes tumbling, jumping, dancing, cheering, and any other responsibility assigned to them during the season (usage of signs, poms, flags, etc.).

Tryout Requirements:

- There is a two-day tryout, May 6th-7th, 2020 from 3:30pm 5:30pm.
- These tryouts will be conducted by grade level. Each day, each grade will be called over and asked to perform that day's concentration (listed below).
- The coaches have the right to do cuts each day. This helps us eliminate candidates that are not meeting the requirements for being on the team. At the end of each day we will state the numbers that we would like to come back the following day. If your son/daughter's number is **not** called, they are **not** to come back to tryouts the next day.
- The requirements for tryouts are as follows:
 - **Jumps:** Toe Touch, Herkie, Hurdler, Pike, and a 3-Jump Sequence.
 - Fight Song: a video is posted online for access.
 - **Chants:** videos are posted online for access.
 - Running AND Standing Back Handspring: must be performed on the gym floor.
 - Any Other Tumbling: Cartwheel, Multiples, Back Tuck (Standing or Running), Arial, Front Walk-Over, Back Walk-Over, Layout, Whip, Alternate, Front Punch, etc.
 - Motions: correct and tight.
- Any tumbling performed during tryouts **MUST** be able to be done throughout the entire duration of your season. If a candidate doesn't throw tumbling that they used at tryouts they may be benched, asked to step down a team, or be subject to removal from the team.

Dear Parents and Students,

It is imperative that you understand the commitment that CHEERLEADING involves. The Harrison High School Cheerleading Program is treated as a **sports** activity. Today's cheerleader is an **athlete** with special talents, which include gymnastics, jumping, and stunting. All members of the cheer team will perform the duties of cheering at <u>all</u> games, pep assemblies, competitions, practices and any other extra events that the district or community asks of us (this can include but is not limited to parades, fundraising activities, publicity events, etc.). They set an example for others with their school spirit, leadership, and commitment to their studies, work, and cheerleading activities.

Cheerleaders will be held to the same standards as any other student athlete at Harrison High School. It is, therefore, highly competitive and the overall commitment expected for both the parents and the students is tremendous. It is an honor and a privilege to be a part of this Harrison tradition. Being part of the program means hard work and dedication throughout the entire duration of the season. Please read through the handbook and make sure you understand exactly what you are committing to before your son/ daughter decides to tryout.

It is important for you to understand that while we want the best for each of our cheerleaders, it is impossible to make each of them happy all of the time, especially when it comes to the selection of teams. Competition becomes tougher each year and the expectations of cheerleaders at the high school level are continuing to increase.

No one is guaranteed a place on the team even though they have been on the team in the past. The coaches will be scoring your son/ daughter at tryouts. This score is confidential and will not be shared with another parent or athlete at any time. Your son/ daughter's score for one tryout will <u>not</u> affect their score for another tryout.

Prior to your child's tryout, read the following handbook for conditions, rules, and expectations. If both parent and student agree to the following terms, the cheerleading handbook permission form **MUST** be turned in by the **first day of tryouts**! Once the consent form is turned in, parent and athlete will be responsible to the agreed upon terms. This is a lot to take in, but it is important to understand what is expected of Harrison High School Cheerleaders. We are looking for students who can represent Harrison as both excellent cheerleaders and role models for the student body.

Sincerely, Coach JamieLyn Johnson Coach Stephanie Ramsey Coach Allison Decker

William Henry Harrison High School Cheerleading Handbook

Coaching Staff

Varsity: JamieLyn Johnson

Experience: 16th year as High School Varsity Cheer Coach at Harrison High

School

2 years Freshman Coach at Harrison High School

2 years Assistant Coach at Harrison Junior High School

Junior Varsity: Stephanie Ramsey

Experience: 2nd year as JV Cheerleading Coach at Harrison High School

Freshman: Allison Decker

Experience: 2nd year as Freshman Cheerleading Coach at Harrison High School

General Statement

All Harrison High School Student Athletes are expected to have a commitment to excellence. In order to achieve this, the student and parents/ guardians assume a great deal of responsibility. Among other things it requires the student to be willing to put forth the effort necessary to be the absolute best he/ she can be in all aspects of being a student athlete (this includes studies, work, sports activity, and any other extracurricular activity your son/ daughter choses to be involved with). This begins with being able to meet the many academic and extracurricular demands associated in these programs. All prospective student athletes and their parents/ guardians should give full consideration to this prior to making the decision to become part of any program.

Statement of Commitment

We want to instill the importance of commitment and dedication into your athlete. We need the support from you as a parent to help us with this process. Also, we feel assured you want what is best for our team (as well as your athlete) and are aware of the important role you play as a parent. Commitment is the determining factor to the success of our program. Each cheerleader commits to attend all practices in and outside of school and work on a daily basis with conditioning or areas where they are weak.

A Triangle Relationship

A triangle relationship exists between the cheerleader, coaches, and parent(s)/ guardian(s). Each has an important role in the development of a **CHAMPIONSHIP TEAM!**

Role of the Cheerleader

The athlete is a mentally and strong person. Mental characteristics include great motivation, dedication, discipline, self-confidence and a positive attitude both in and out of school. Physical attributes include above average flexibility and strength, quickness, and ability to control body movement. All personal problems will remain outside of the cheer team. This will on enhance the positive environment of our program. If a problem arises, please talk to one of the coaches within a week. If a problem goes unmentioned to a coach after 2 weeks, it is void of any discipline or actions required and dismissed.

Role of the Coaches

The coach has the technical knowledge of a skill development along with training and performance techniques. The coaches are qualified in the field of cheerleading and committed to the program. The coaches' decisions are **final** and **nonnegotiable**. The coaches must uphold the rules and make decisions that better the team. We will demonstrate enthusiasm, listen to your son/ daughter, advise them on questions or concerns that either they or we might have, and correct or direct the cheerleaders throughout the process.

Role of the Parents/ Guardians

The parent/ guardian accepts the challenges and the values that the sport has to offer their child. The parent must acknowledge and accent the financial obligation and time commitment. The parents should be supportive and encouraging to the cheerleader, as well as to other team members, coaches, and the program in general. Major questions or concerns should be submitted DIRECTLY TO THE COACHES, not to the child or other parents through email or personal conferences. Parent communication is vital with the coaches and under no circumstances should there be bad mouthing of other cheerleaders on the squad, coaches, or anyone else involved in the program. It **will NOT** be tolerated, and immediate removal is a possible consequence to any such behavior.

Definition of An Athlete

<u>ath ● lete (n):</u> a person who is trained in or good at sports, games, or exercises that require physical skill and strength.

When participating in Cheerleading, your son/ daughter is agreeing to be considered an athlete and uphold all athletic standards that is expected of them. This includes being able to perform all required material, stunts, tumbling, and jumps at all times. If at any point in time your son/ daughter cannot fulfill the duties of being a cheerleader, they will be benched for a short duration of time or removed from the squad. This could be caused for any reasons, such as, but not limited to, the ones listed below:

- Poor grades
- Injury
- Inability
- Mental block
- Attendance
- Poor Attitude

We will treat your son/ daughter just as they would be treated on any other sports team within the school district. There are district wide and statewide rules that must be met by each and every student athlete.

Rules

Cheerleaders must abide by the State, School, and High School Cheerleading Rules. This includes but is not limited to the following:

- 1. Code of Conduct.
- 2. All school rules that can be found in the student handbooks.
- 3. Vaping, alcohol, tobacco, and any other drugs with not be prohibited. If you are caught with any of these, you will be benched for 3 events including practices for the first offense. If caught again it is up to the coach on what the consequence will be.

Additional Cheerleading rules are as follows:

4. Missing of Practices/ Games:

- a) Each cheerleader will be given **two absences** per season. After two absences the cheerleader may be either benched for a short duration of time, asked to take a position on a different team, or may be removed from the team based on the coach's discretion. Just because a doctors note is turned in does NOT make an excused absence.
- b) The two free absences **cannot** be used towards any competitive sporting event outside of Harrison Athletics (including, but not limited to, competitive cheerleading, select soccer, etc.).
- c) If there are any extenuating circumstances (after your two absences) you are to contact a coach IMMEDIATELY.
- d) No cheerleader is permitted to miss a game or competition for ANY reason.
- e) A cheerleader may be asked to move positions or roles in a routine, competition, cheer/ chant, stunt, or anything of the sort if they miss a practice in which these are taught or reviewed.
- f) YOU MUST CONTACT YOUR COACH IF YOU ARE TO MISS FOR ANY REASON AS SOON AS POSSIBLE!!
- g) THERE WILL BE NO EXCUSED ABSENCES FROM COMPETITIONS.

 Missing a competition will be grounds for dismissal from the team. Please understand the commitment and dedication that being on a team consists of prior to trying out.

*In case of emergencies, please email/text the coach prior to the schedule practice, game, or event. All practices during the summer and school year are mandatory. Excuses will not be accepted from other cheerleaders. <u>All practices, team functions, games, events and competitions are a priority.</u>

5. Dress

- a) Every cheerleader will wear the squad-approved warm-up to and from a game, competition or event.
- b) There will be a required uniform for each practice, event, competition, performance, or game which will be listed on the cheerleading calendar, band and/or stated at practice. If your son/ daughter is unsure of their attire for a function they are to contact another team member to find out.

- c) Teams will dress the same on game days. Please note there are "dress up" days and **no** jeans are allowed on those days.
- d) Cheerleaders must be in <u>full</u> uniform to be able to participate in a game, event, or competition. All items (whether they are to be worn or not) **MUST** be brought to every game (the weather can change).
- e) This full uniform is: skirt, shell, bow, no-show WHITE socks, no jewelry, no nail polish, black boy briefs, shoes, warm up pants, sweatshirt, poms, cheer bag, and any other items that have been designated (such as gloves, scarves, headbands, etc.).
- f) Failure to wear the complete uniform will result in the cheerleader being benched for the entire duration of the game.
- g) Hair must be worn in the proper style that is listed on the calendar or stated by the coaches. Failure to do so results in an incomplete uniform and can result in the cheerleader being benched.

6. Practice

- a) Hair must be worn up in a ponytail completely out of your face in order to not interfere with practice and to prevent injury.
- b) Proper practice attire consists of the assigned HHS t-shirt and cheer shorts. These will be stated on the cheer calendar provided at the start of the year. ABSOLUTLEY NO JEANS, HIGH SOCKS, OR SWEATSHIRTS are to be worn during practice!
- c) **ABSOLUTELY NO** food, gum, or drinks will be consumed at practice aside from water or Gatorade.
- d) More practices may be added based on dates of games, competitions, and/ or other related functions. Cheerleaders will be informed of these dates as they arise with as much notice as possible.
- e) Game Day Squads will practice Mondays and Wednesdays from 3:10pm 5:30 pm.

7. Jewelry and Nail Polish Policy

- a) **ALL** jewelry must be removed prior to the start of practices, pep assemblies, games, competitions or other functions.
- b) Fingernails must be cut short and rounded. **NO** polish of any kind is allowed for competitions, games, or pep rallies.

8. Cell Phone Policy

The usage of cellphones during practice, competitions or other scheduled events is **PROHIBITED!** This includes charging cell phones during cheerleading time. Cellphones should be with a family member or friend during competitions and left in their cheer bags during practices and games.

9. Squads

- a) Each cheerleader will cheer **all** home and away football and/ or basketball games. Freshman squad will only cheer home games.
- b) A position on a squad is not permanent. If the coaches feel at any point that a cheerleader is not upholding the agreed upon requirements and commitment they may be asked to move down to a lower team or possibly benched. If a cheerleader is excelling in the requirements and commitment, they may be asked to move up a team. These decisions will be made by the coach and are non-negotiable.
- c) Coaches are not obligated to position cheerleaders in the chant lines based on grade levels. Cheerleaders will gain their position in the chant lines based on their performance at the previous game and practices. This means Seniors are **not** guaranteed a spot in the front row during games.
- d) All grade levels are eligible to make the Junior Varsity team, this includes Seniors. Seniors are not guaranteed a spot on the Varsity team simply because of their age. Sophomores through Seniors are the only grades eligible to make the Varsity team.

10. Forms of Communication & Social Media

- a) Primary form of communication will be through band.
 - i. Band is an app that allows us to send out last minute changes, reminders, updates and important information through the form of a text

- message. Each cheerleader is responsible for signing up for the **band** accounts. Parents we highly recommend you sign up for them as well to stay informed about what is happening in the cheerleading program.
- ii. It is required that each parent **and** cheerleader email **both** coaches prior to the first practice in order to ensure that you can stay updated with any information that we send out through email. This is a vital way for us to stay in touch with parents specifically. We will give the cheerleaders information out at practice but also send it out through email to make sure it is getting back to the parents and to ensure they remember everything we have discussed and informed them of. This will become particularly important when new events arise. If your email changes at <u>any</u> time, you must notify the coaches as soon as possible in order to continue receiving information.
 - Coach Johnson: jamie.johnson@southwestschools.org
 - Coach Ramsey: stephanie.ramsey@southwestschools.org
 - Coach Decker: Allison.decker@southwestschools.org
- b) We also have a GroupMe Conversation. This is **strictly** for cheerleader communication. This is helpful for team bonding events, communication between cheerleaders about practice, games, etc. This is to remain a POSITIVE environment. The moment this changes this form of communication will be terminated.
- c) William Henry Harrison High School Cheerleading also has a Twitter, instagram and a Facebook Page. These are mainly to inform others about what we are doing and the results of games, competitions, events, etc. This will **NOT** be used as a form of communication between coaches and cheerleaders, or coaches and parents.
- d) Any bullying or misbehavior from a cheerleader on social media outside of what the coaches are connected with is out of our control. We cannot monitor all social media sites at all times that kids are involved in. If a problem arises between cheerleaders on a social media site other than the ones listed above (page specific), it needs to be handled on your own time. The only way coaches can step in is if it is done on school grounds, in which it will need to be brought to our attention. This could result in the removal of a cheerleader from the team.

11. Strength Training and Conditioning

 a) Although conditioning will be a part of practice, it is just as important to condition at home in order to prevent chances of injury. A calendar will be given to each girl for summer suggested conditioning.

- b) All practices will be FULLOUT, including jumps and tumbling. Safety is important and will be our priority during practices, but to help prevent injury it is important to push yourselves during conditioning in order to gain results.
- c) There will be conditioning, and strength training programs listed online to help your son/ daughter in conditioning at home. It is highly encouraged to utilize these programs during the summer months in order to be well prepared for tryouts once they arrive.

12. Game

- a) All girls must stay on the track (for Game Day Football) or court (for Game Day Basketball) during the entire duration of the game, including half time.
- b) For Game Day Basketball: JV girls must stay IN UNIFORM through the end of the halftime of the Varsity game and should participate in short and long-time outs by tumbling, jumping, stunting or participating in the cheer/ chant.
- c) If for some reason (injury, sickness, etc.) the coach does not feel it safe for individual members or the team as a whole to compete or perform at any competition, game, practice, pep assembly, or event, it is at the coach's discretion to keep the team from participating.
- d) All girls **must** ride to all away games on the bus for both Game Day Squads.

13. Injury

- a) If any injury occurs while involved in a Harrison activity, the athlete **must** go to the Athletic Trainer, James Budde, as soon as possible.
- b) If an injury persists after a week, your athlete **must** go see a **DOCTOR** and bring back a <u>written</u> note clearing them to participate in all cheerleading activities. Your athlete will be benched until a <u>written</u> note is received by one of the coaches.
- c) If an injury occurs outside of Harrison Athletics, your athlete **must** go see a **DOCTOR** and bring back a <u>written</u> note clearing them to participate in all cheerleading activities. Your athlete will be benched until a written note is received by one of the coaches.

*NOTE: Other rules may be put into place throughout the duration of the season. It will be required that your son/daughter follows all rules at all times in order to prevent temporary dismissal or permanent removal from the team.

Parent - Coach Interaction

All conversations with a coach will be at a scheduled time or via email. There will be no conversations with coaches during or after practices, games, competitions or other functions. If you would like to discuss the reasoning behind a coach's decision for your son/ daughter, please contact a coach by either calling the High School or through email to schedule a meeting. With that being said, it is important to remember that all coach's decisions are final and **non-negotiable**.

Contact Information:

Harrison High School: 513 – 367 – 4169

JamieLyn Johnson: jamie.johnson@southwestschools.org

Stephanie Ramsey: stephanie.ramsey@southwestschools.org

Allison Decker: allison.decker@southwestschools.org

Fundraising

The cheerleaders will be required to participate in a few fundraisers throughout the year. Several fundraisers that we do as a cheerleading program include but are not limited to: selling restaurant nights, Harrison Cheer Classic (we host this) in October, and any other fundraiser that the boosters ask of us. Again, these are mandatory, and the cheerleaders and their parents **must** participate, or reprimands will be enforced, which could include removal from the team. (All fundraiser are subject to change)

Price List

Game Day Football and Basketball

Some items a cheerleader is required to purchase only once. If you have items from last year or will buy the items from a former cheerleader, you will save money. For example, returning cheerleaders may only pay \$570 for their cheer items, pay to participate, and competitions. The total listed below the is the most that you could spend, if you purchase everything new. The money below is due at the Team Meeting for Game Day Football following tryouts. Money will be due at the first practice following Game Day Basketball tryouts.

3 T-shirts/ 1 Sweatshirt:	\$70.00
Camp	\$200.00
Misc. Fee:	\$50.00
Pay to Play:	\$50.00
Total:	\$370.00

Cash, Money Order, or Checks are all accepted. Make this check payable to HHS Cheerleading.

These items must be ordered on your own. They need to be in hand by **July** 21st, 2020

for the Game Day Football Team.

*Cheer Shoes

*Black Boy Briefs

White Socks

*White/ Black Sports Bra

*Soffe Shorts-Black and Grey

Information about how and where to purchase these items will be given at the Parent Meeting.

^{*}All items with asterisk are the items that can be used year after year.

Pay to Play

This is a fee that is required to be paid by all student athletes at Harrison High School. This fee is \$50 per athlete per season. For example, if your athlete cheers Game Day Football they are required to pay the \$50 Pay to Play. If they also cheer Game Day Basketball, they are required to pay another \$50 Pay to Play. It is now required to pay this fee online, by going to southwestschools.org.

This fee must be paid by **the first game of the season** for Game Day Football and the first mandatory practice on for Game Day Basketball.

William Henry Harrison High School Cheerleading Form Checklist

Game Day Tryouts 2020 - 2021

Name of Candidate:				
Grade of Candidate:	9th	10 th	11 th	12th
Tryout Applicati	<mark>on</mark>			
Parent/ Candida	ate Consent t	o Handbook		
Code of Conduct	·			
Insurance Waive	er			
Release Form				
Stunting and Tu	mbling Perm	ission Form		
Address Verifica	ition Form			
Emergency Med	lical Form x2			
Physical Form (current 2020	- 2021 year)		
Copy of most re	cent Report (Card OR Progi	ess Report	
**The above highlighted	in <mark>green</mark> can	be found <mark>onli</mark>	<mark>ne</mark> . The ones	5

highlighted in blue are paper forms.**

^{**}Make sure you can meet all of the requirements to make the squad.**

<u>Tryout Application:</u> Harrison High School Cheerleading Team 2020 – 2021

Cheerleader's Name:						
Cheerleader's Address:						
Cheerleader's Home Phone Number						
Cheerleader's Home Phone Number: Cheerleader's Cell Phone Number:						
Cheerleader's Email Address:						
(1 st) Parent/ Guardian's Name:						
(1 st) Parent/ Guardian's Cell Phone Nun	nber:					
(1 st) Parent/ Guardian's Email Address:						
(2 nd) Parent/ Guardian's Name:						
(2 nd) Parent/ Guardian's Cell Phone:						
(2 nd) Parent/ Guardian's Email Address:						
Do you cheer on a competitive squad?	YES	NO				
If yes, who do you cheer for?						
Grade Cheerleader will be in next year:						
FRESHMAN SOPHOMORE	JUNIOR	SENIOR				
Team Preference (check all that apply):Football	_Basketball	Competitive				

^{**}You will be required to attend all summer practices if you make either Game Day Football or Competitive, unless another school-sponsored sport begins and you've made arrangements with your coach.

Harrison High School Competition Agreement

Transportation to and from competitions will be the parent's responsibility. In case a parent cannot make a competition, it is the cheerleader's responsibility to arrange a ride to and from the competition. Directions to the competition location will be given out at practice one week prior to the competition, along with a meeting time and spot to meet. We ask that you provide cell phone numbers so that you can be reached if there is a schedule change or emergency.

Your cheerleader must be on time to all competitions, arranged meetings and practices. If a cheerleader is late for any reason, the cheerleader will not be able to perform. If late or absent for 2 or more events, disciplinary actions will be taken which can result in removal from the team. After performances and/ or awards your athlete will be released to you until the next meeting time.

The coaches are fully in charge during scheduled practices and competition times, including warm-ups, performances, and awards. If at any time a disagreement arises between a coach, team member, or parent within our organization, the coach will settle the disagreement. Any decision made by the coach at a competition will be final. If you feel the need for further discussion, beyond what they coach deems necessary, a conference can be scheduled the following week. If the issue is not brought to a coach's attention within a week of the incident, it will be void of any actions and dismissed.

At no time will any team member or parent approach team members, coaches of other teams, judges, or officials of the competition with any negative remarks. If you feel that a concern needs to be raised, you should report your concern to the coach, immediately. It will be their responsibility to evaluate the concern and take the steps they see necessary to alleviate the dispute. Remember the coach's decision is **final**.

At no time will any coach, parent, or team member engage in unsportsmanlike conduct. This includes, but not limited to, verbal or physical unbecoming behavior of the Southwest Local School District. No team member shall engage in drinking alcoholic beverages, smoking, or possession of illegal substances or sexual misconduct.

If for some reason (injury, sickness, etc.) the coach does not feel it safe for individual members or the team as a whole to compete, it is at the coach's discretion to keep the team from participating.

Please remember while at competitions, performances, or exhibitions the parents, coaches and athletes all represent Harrison High School. Let us remember to do so with pride, dignity, and respect.

Athlete's Signature:	Date:	
Parent/ Guardian Signature:	Date:	

Parent/ Candidate Permission and Consent to Handbook

,	as my
permission to be a cheerleader at William Henry Harrison High School. I understand that he/ she must abide by the rules and regulations set forth by the coaches and the school of William I Harrison High School and be present at all practices, games, competitions, and other events. I have read the rules and reguland understand that the violation of any of these rules may lead probation or temporary/ permanent suspension from the squad	ations d to . I
understand and give permission to my son/ daughter to ride wit coaches, other parents, and/ or students when necessary.	:h
Parent or Guardian Signature:	
Date:	
I,, am into in being a cheerleader at William Henry Harrison High School. elected, I will abide by the rules and regulations set forth by the coaching staff and school. I will cooperate and follow the instru of the cheerleading coach(es). I understand that I am expected tumble, jump, stunt, and cheer at all times.	If e ctions
Athlete Signature:	
Date:	