



Daily Snack



Your child will have a snack time each day in the afternoon. During that time we will be listening/watching an online story on the smartboard and/or working. It is very important that your child remembers their snack every day. The snack should be healthy, quick to eat, and not messy.

Examples of healthy snacks:

- granola bars/cereal bars
- crackers/pretzels
- string cheese
- fruit (bite size and not messy)
- dry cereal in a baggie
- fruit snacks (no fruit rolls)
- veggies (ex. carrot sticks)

Please do not send:

- candy
- cookies
- snack cakes
- chips
- fruit cups/yogurt
- pudding/jello

Also, please do not send drinks. Students will be allowed to get a drink from the drinking fountain.

If your child packs their lunch, please make sure their snack is separate or they know what their snack is so they can save it for snack time. It's probably a good idea to always put their snack in same spot in their backpack, so they know where to find it. If you have any questions, please let me know.

Thanks, Mrs. Houpe

